
MEN'S GROUP

**Do you feel stuck,
disconnected, lonely?**

**Feel held back without knowing why or
what to do about it?**

**Find it difficult to feel confident and
genuinely connected in personal and
professional relationships?**

**Feel uncertain about who you are, your
place and role, and how you want to
show up as a man?**

**Mask parts of yourself to feel more
accepted?**

**If any of these resonate, an upcoming in-
person men's therapy group run by Dr Jason
Bos and Dr Andrew Geeves is for you.**

MEN'S GROUP

What	A 10-week group for men aged 18-40 wrestling with how to be a man in today's world.
When	Mondays 7-8.30pm, start date TBC
Where	2/2 Norwich Rd Rose Bay
Fee	\$75 per group. Payment is for a seat in the group and is not based on attendance.

ENQUIRIES



Please contact either Andrew or Jason for further details

Dr Andrew Geeves and Dr Jason Bos are clinical psychologists with private practices in Sydney. They have a shared interest in working with men both in groups and individually, with a focus on fostering connection, hope, and an appreciation of what each man can contribute to his relationships and the wider world.

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